

TAKE Charge

Of Your Mobility!

Has joint pain forced you to give up the things you love to do? Discover how thousands have been restored to a life of comfort and renewed vitality because of new developments in hip and knee replacements.



The Joint & Spine Center

MORRISTOWN-HAMBLÉN HEALTHCARE SYSTEM

Covenant
HEALTH



The Joint & Spine Center

MORRISTOWN-HAMBLÉN HEALTHCARE SYSTEM

Covenant
HEALTH

908 West Fourth North Street • Morristown, TN 37814 • (423) 492-9000

FREE yourself from Joint Pain...



FREE yourself to Live!

We're here to help!

THE JOINT & SPINE CENTER OF MORRISTOWN-HAMBLÉN HEALTHCARE SYSTEM

The Joint & Spine Center of Morristown-Hamblen Healthcare System performs more orthopedic procedures than any other hospital in the Five Rivers Region.

MHHS offers advanced methods of joint replacement, featuring:

- Physicians who are highly-trained Board Certified Orthopedic Surgeons
- An atmosphere of wellness that promotes faster healing
- A nurse who coordinates all your care
- New longer-lasting joint technologies
- Advanced methods for pain control
- A complete program from your decision to having your life back!

The Decision

As a joint pain sufferer, you're undoubtedly familiar with making decisions dictated by limitations. The escalating erosion of cartilage and damage to bone surfaces caused by arthritis and other debilitating joint conditions can interfere with just about every aspect of your life – from walking to exercising, working, enjoying time with family and friends, to getting a full night of sleep.



It is time for you to take a step to Freedom and make the decision for joint replacement surgery.

Taking Charge of Your Health

After you decide to have joint replacement surgery to regain your quality of life, The Joint & Spine Center at MHHS will guide you through the process. Any surgery is a big step, but we want to help you through this one with ease. From pre-operation classes called Freedom Camp, to the steps to get ready for surgery, to the day of, and on to recovery, we will be with you. Our pledge to you is to keep you informed and prepared in order for the best results for you!



The Next Step to Freedom

- Talk to your Primary Care Physician about your joint pain. They can refer you to an Orthopedic Surgeon in our area.
- Schedule an appointment with an Orthopedic Surgeon to see if you are a candidate for joint replacement surgery
 - **Dr. Ron Christopher – (423) 586-7509**
 - **Dr. Michael Bratton – (423) 586-7509**
 - **Dr. Nick Grimaldi – (423) 587-3480**
 - **Dr. Sonya Clark – (423) 586-7509**
- For total knee or hip replacement recipients, contact The Joint & Spine Center to reserve a space in Freedom Camp at MHHS – **(423) 585-0914**
- Follow the steps to a successful surgery given to you at Freedom Camp.

-Live your life again!



The Joint & Spine Center

MORRISTOWN-HAMBLÉN HEALTHCARE SYSTEM

Covenant
HEALTH

